

KARUNA INSIGHT DESIGN



Karuna 'Insight design' was specifically developed to demonstrate sustainable land management and low impact living as a way to heal ourselves, others and the planet.

The project is located in Shropshire, within an area of outstanding natural beauty on the upper fringes of the Long Mynd.

This 18 acre project designed through 'Insight', serves as a permaculture and forest gardening demonstration site. Previously low quality, overgrazed fields have been transformed into (probably) the largest forest garden in the country. Insight design is an uncommon approach using past experience and intuition as the main source of inspiration for action.

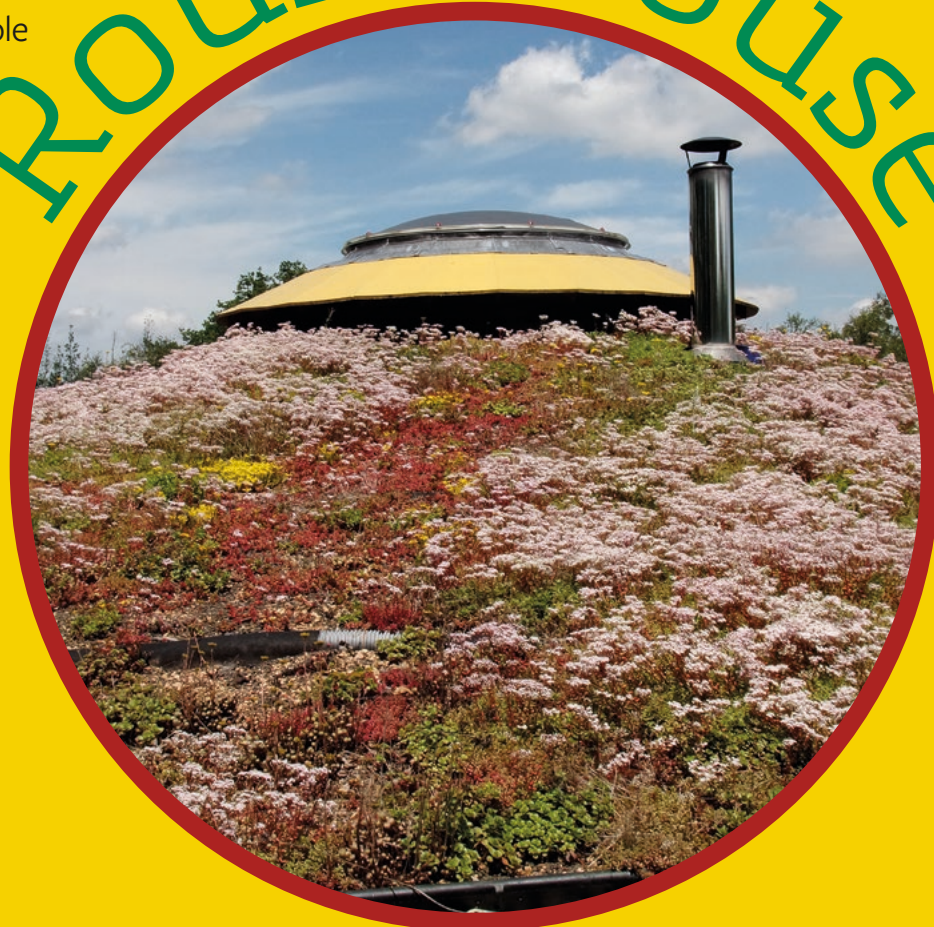
Learning

Visitors, students and volunteers explore and experience some of the possibilities that exist to help revitalise the British countryside and to help the nation accommodate, feed and power itself in the most positive way.

Forest garden

As a small family of four we planted an extremely diverse mix of over 10,000 trees, starting in 2006. Imagine, we planted and mulched 4,000 trees in a single season! Trees include traditional fruit trees and nitrogen fixing trees, plus there's many other plants and herbs, thus laying the foundations for the practice of forest gardening, using permaculture principles as a guide.

Roundhouse



"Karuna is a Sanskrit word meaning compassion."

Karuna.org.uk

permaculture.org.uk



Tree planting



The Cider House



The Forest garden

"On site energy at Karuna comes from wind & the sun. We grow as much of our own organic food as possible. Keeping ourselves fed with a staple diet all year round."

Permaculture events

Diploma Gathering

24–26 November 2017
YHA Conwy, Conwy, Wales
diploma@permaculture.org.uk
permaculture.org.uk/diploma-gathering-nov-2017

13th International Permaculture Convergence

Conference: 25–26 November 2017
Convergence: 27 November–2 December 2017
Telangana State Agriculture University,
Premavathi Pet, Hyderabad, India
ipcindia.org

Get support to organise an Ambassadors Gathering in your locality, in Spring 2018. Discover the support available to share permaculture more widely at permaculture.org.uk/ambassador

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Introductions to permaculture

Hollybush Conservation Centre, Leeds

14 October 2017
Contact: leedspermaculturenetwork.org/courses

Concrete Garden, Glasgow

4–5 November 2017
(repeated 27–28 January 2018)
Contact: lusalderslowe@gmail.com
lusalderslowe.wordpress.com/permaculture-introduction

Hoathly Hill Community, West Sussex

11–12 November 2017
Contact: sunrisepermaculture.org.uk/introduction-to-permaculture
chloe.anthony@gmail.com

Braziers Park, Oxfordshire

18–19 November 2017
Contact: pgwhitham@gmail.com
trishwhitham.wordpress.com

Stanmer Park, Brighton, East Sussex

25–26 November 2017
Contact: contactus@brightonpermaculture.org.uk
brightonpermaculture.org.uk/courses

Unitarian Church Hall, Plymouth

29–30 November 2017
Contact: klaudia.co.uk

Leith Crops in Pots, Edinburgh

20–21 January 2018
Contact: nonstuff.co.uk

Full permaculture design courses

Design 4 ACTION, Furtherfield Commons, N4, London

29 October 2017–11 March 2018, across 6 weekends
Teachers: Graham Burnett, Claire White, James Taylor, and guest teachers
Contact: Graham Burnett
07454086172
spiralseed.co.uk
graham@spiralseed.co.uk

Comrie, Central Scotland

30 September–14 October 2017
Teachers: James Chapman and a selection of other teachers
Contact: James Chapman
07790 265883
james.nonstuff.chapman@gmail.com

High Heathercombe Centre, Devon

4–18 November 2017
Teachers: Aranya, Klaudia van Gool
Contact: Aranya or Jules
01297 20908
aranya@learnpermaculture.com

Leeds

20 January–8 July 2018, across 8 weekends
Teachers: Andy Goldring, Helen White, Niels Corfield, Laura Smith
Contact: Helen White
admin@leedspermaculturenetwork.org
leedspermaculturenetwork.org/courses

Edinburgh

20 January–3 June 2018, across 6 weekends
Teacher: James Chapman
Contact: James Chapman
james.nonstuff.chapman@gmail.com
nonstuff.co.uk

Old College, Aberystwyth

21 October 2017–April 2018
Teacher: Angie Polkey
Contact: 01970 621580
learning@aber.ac.uk

Ourganics, Dorset

27 January–13 May 2018, across 6 weekends
Teachers: Aranya and Pat Bowcock
Contact: 01297 20908
aranya@learnpermaculture.com

Nottingham

27 January–10 June 2018
Teachers: Paul Paine and Joe Atkinson
Contact: Paul Paine
07973 116291
neckiep@hotmail.com

Glasgow

27 January–17 June 2018
Teachers: Lusi Alderslowe and guest teachers
Contact: lusalderslowe@gmail.com
lusalderslowe.wordpress.com/glasgow-pdc-2018

Applewood, North Herefordshire

10 February–24 June 2018
Teachers: Chris Evans and Looby Macnamara
Contact: Chris Evans
01584 831195
cevens@gn.apc.org

Building sustainable communities,

3 March–10 June 2018
Teachers: Bryn Thomas, Chloe Anthony, Stephan Gehrels, Tracy Hind, Daniel Holloway
Contact: 07746185927
contactus@brightonpermaculture.org.uk
brightonpermaculture.org.uk

Specialist courses

Preserving the Harvest

The Inkpot, Lincolnshire
21–22 October 2017
events@the-inkpot.com

Joel Williams full-day seminar on Soil Health

Glasshouse College, Stourbridge, West Midlands
6 November 2017
07866674205
bookings@regenag.co.uk
regenag.co.uk

Fruit tree planting workshop

Peacehaven community orchard, East Sussex
26 November 2017
07746185927
contactus@brightonpermaculture.org.uk
brightonpermaculture.org.uk

The First Straw course—preparation course for strawbale design

St Werburghs Community Centre, Bristol
27 January 2018
clair@schoolofnaturalbuilding.co.uk
strawworks.co.uk/all-our-courses

Training of permaculture teachers

The Inkpot, Lincolnshire
9–19 June 2018
hannah_thorogood@hotmail.com
the-inkpot.com/tot



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If booking on a course or event please mention you saw it listed on this Permaculture Association poster.

Permaculture courses

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