

# REFUGEE WEEK HANDBOOK



**MAKE EUROPE  
SUSTAINABLE  
FOR ALL**

## **FIGHT INEQUALITIES**

**one week**

**400 participants**

**12 activities**

**created in collaboration  
with refugees and migrants  
to celebrate diverse lives  
in Granada, Spain**

**welcoming everyone  
regardless of age, sex,  
disability, race, ethnicity, origin,  
religion or economic or  
other status**

**- theatre - workshops - sports - talks - food - music - art - film -**

**#FightInequalities  
#SDGs4All**

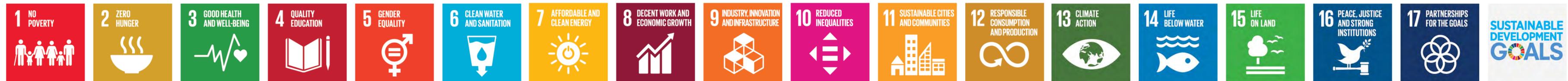
## CAMPAIGN AGAINST INEQUALITY

Without reducing inequalities, none of the SDGs can be achieved. The 'Fighting Inequalities' Campaign aims to leave no one behind while still respecting our planetary boundaries. Local, national and European actors from 15 countries will join forces to increase awareness and push for policy & social changes in order to tackle inequality and poverty in Europe and beyond.

This campaign is about empowering and promoting the social, cultural, economic and political inclusion of everyone – especially women, children and minorities. Equal opportunities and equality of outcomes need to be ensured by advocating that discriminatory policies and practices be replaced.

Cuts in public investment in essential services and social protection schemes should be reversed. Social protection policies to progressively achieve greater equality are essential. It's about ensuring climate justice, tax justice, promoting safe, regular and responsible migration and mobility of people and ending all forms of discrimination against women and girls. [Click here to read more.](#)

## SUSTAINABLE DEVELOPMENT GOALS





**Association La Bolina** is collective of people from Europe, West Africa, South America and the Middle East who live in the rural village of Saleres, Valle de Lecrín, Granada, Spain.

We are a young, grassroots organisation working to achieve:

- **Regeneration** of land, lives and cultures
- **Integration** of refugees and migrants into depopulating rural villages and Spanish society
- **Sustainable livelihoods** based on agroecological production and enterprise, sustainable economies, lifestyles and communities

We aim to offer an alternative integrated response to a variety of challenges such as climate change, migration, rural depopulation, environmental degradation, and inequality.

Members of La Bolina have diverse identities, legal statuses and professions. What brings us together is our shared vision of an equal future for all.

La Bolina's work contributes to many of the interrelating 17 Sustainable Development Goals in an integrated, holistic way, and also integrates the cross cutting themes of Gender, Migration and Climate change. We also contributes to and inspires civil society involvement in the implementation of Agenda 2030.

El pleno de la Diputación de Granada aprueba por unanimidad la moción para el desarrollo del programa de integración social de La Bolina -...

HISTORIAVAMOSGRANADA.RED



La Bolina received a grant from the European Union's **Make Europe Sustainable for All** project focusing on this years theme **Fighting Inequalities Campaign**.

From 16 - 24 June 2018 **La Bolina** coordinated Refugee Week (***Semana de I@s Refugiad@s y Migrantes***) a collaborative and participative week long series of activities in Granada, Spain to celebrate **World Refugee Day**, along with thousands of other people and projects globally.

Refugee Week was collaboratively designed and coordinated to meet some of the **key issues that we are facing today as a species**, and share positive examples of addressing these issues in an integrated way at a local level.

Our aims were to build an informed, inclusive dialogue around the issues of **inequality, migration and climate change** among key interest groups and stakeholders at a local level and in wider society.

Through a variety of 12 activities we aimed to **inspire people and organisations to take action towards a more sustainable, inclusive, fair and healthy world**.

[Refugee Week Video](#)

**Sustainable Development Goals** are a master plan that link up the different issues and silos most people work in to ensure that the sum of all policies is actually taking us to a better place. The SDGs offer an opportunity to confront national and European policymakers with the need for policy coherence. That can shift us to a sustainable society that works for all. [Click here to find out more.](#)

This handbook shares how La Bolina's Refugee Week activities are linked to the following 7 goals:



# La Bolina's Refugee Week: Make Europe Sustainable for All.

Sábado 16 y  
Domingo 17  
de junio

Experiencia  
de  
video-  
creación  
colectiva  
sobre las  
vidas de  
migrantes y  
refugiad@s  
en Granada  
(taller para  
10  
personas)

10 - 14h  
con comida  
lugar por  
confirmar

Lunes 18 de  
junio

Come & Jam  
Comida y  
música del  
mundo  
realizadas y  
creadas por  
personas  
refugiad@s y  
migrantes que  
viven en Gra-  
nada. Trae una  
manta, un  
plato, un  
instrumento y  
únete!

17-21h  
Parque  
Tico Medina  
Granada

Martes 19 de  
junio

Día del  
Deporte  
Una tarde  
divertida de  
deporte y  
juego  
(incluido un  
partido de  
futbol)

16-19.30h

Club  
Deportivo  
Alayos

Calle Torre del  
Capitán 14, 18008

Martes 19 de  
junio

Noche de  
documentales  
Un grupo de  
asociaciones  
presentan  
diferentes  
documentales  
y cortos con  
una mirada  
amplia sobre  
el proceso  
migratorio y  
las personas  
que lo  
protagonizan.

20.30h  
El Higo

Jueves 21 de  
junio

Colaboración  
¿Cómo  
co-creamos  
medio de vida  
sostenibles  
con personas  
refugiadas y  
migrantes en  
Granada?

10 - 18h  
Facultad Ar-  
quitectura.  
Aula A3 –  
Universidad  
de Granada  
En  
colaboración con  
CICODE

Viernes 22 y  
Sábado 23  
de junio

Simposio  
Políticas de  
inclusión de  
migrantes y  
refugiad@s  
con una  
perspectiva  
local.

v 10-18h  
s 10-15h

Facultad Ar-  
quitectura.  
Aula A3 –  
Universidad  
de Granada

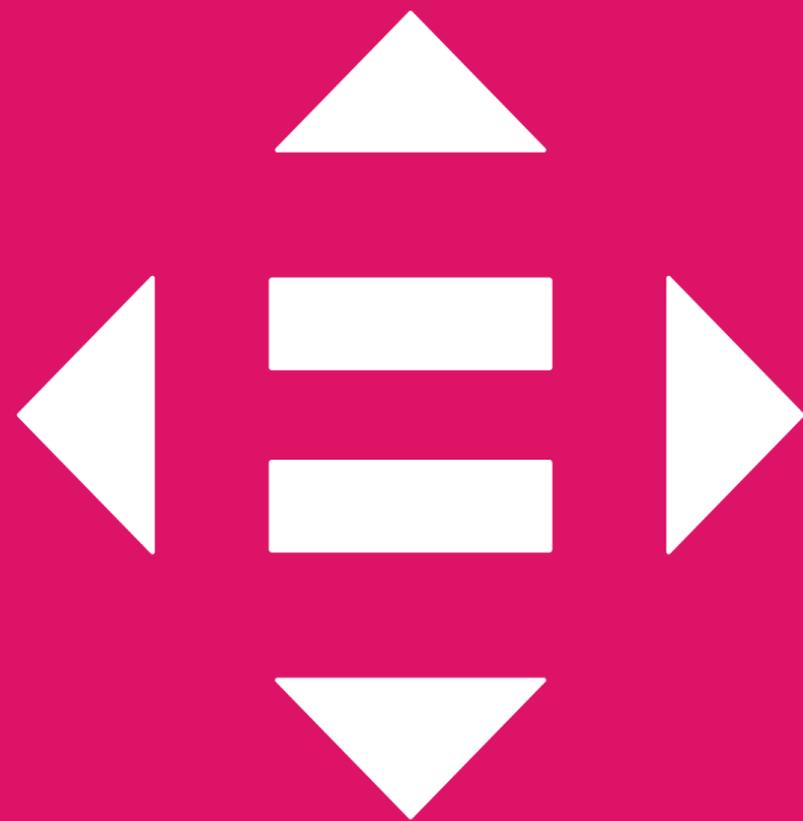
Domingo 24  
de junio

Teatro para la  
transformación  
social  
(taller abierto)  
16 - 20h

La Trasteria  
Cuesta  
Molinos 9 bajo  
Izda, 18008  
La Escuela  
Internacional de  
Circo y Teatre CAU

FLASH MOB  
una acción en  
las calles  
20.30-21.30h

# 10 REDUCED INEQUALITIES



**TARGET:**  
By 2030, empower and promote the social, economic and political inclusion of all, irrespective of age, sex, disability, race, ethnicity, origin, religion or economic or other status

*“Refugee week was like a journey I was taking to different places. All the activities where super interesting. My favourite part was interviewing European people about their opinions of Africa and African refugees and migrants. Listening to people speak really opened the horizons of my mind to have a much better perspective of how people understand my presence in this city that I now call home.”*



James Gibba, 27, The Gambia, Member of La Bolina’s growing team Keen meditator, food grower and footballer Claiming asylum in Granada due to persecution from his environmental activism.

# Collective video cocreation workshop

día de refugiad@s mundial - Granada

Publicado por Regeneration Project: Granada / La Bolina

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## Co-creation Workshop Video

**The interviews were edited into a montage weaving together a tapestry of reflections on race, nations, people and place; a film made by migrants, refugees and locals for migrants, refugees and locals.**

### Activity:

A 2 day **collective video-creation workshop** with twenty young women and men from The Gambia, Syria, Mexico, Guinea Conakry, Spain, Germany, Ivory Coast, UK, Nigeria, Lebanon, Peru, Bolivia, Pakistan and Morocco.

Aim: To create awareness and share the voices, opinions and reflections of migrants and refugees on SDG 10 Reducing Inequalities focusing on political and cultural issues such as discrimination, difference, racism, diversity, inequality.

Day one: Workshop on the Sustainable Development Goals in particular goal 10 reducing inequalities. We discussed what inequalities we experienced most, and our visions of the world without them. Ibriham Sow, asylum seeker from Guinea Conakry, asked the question:

***“What would the world be like if we had no prejudice of each other based on where we were born and what we looked like?”***

To explore this further we decided to make a film about perception and difference. We learnt filming, sound recording and interview skills. We practiced first by interviewing each other about racial difference, similarities and prejudice. People from the South, the East, the North and the West asking each other about their opinions of each other.

Day two: In small groups we went to the streets of Granada asking locals, tourists, migrants, students and refugees.

***“What is your perception of people from Syria, Senegal, Mexico?” // “What was your perception of Spain and Spanish people before you arrived here?” // “What is your image of people from The Gambia moving to live here in Granada?”***

We ended the workshop with a food sharing and reflection session. In the closing circle many participants said that they felt more empowered after the experience of interview people as they had a purpose in the city. Others shared that they believed that their own prejudices and behaviours had changed during the workshop through listening to the responses and working collaboratively with people from other parts of the world.

The interviews became a montage weaving together a tapestry of reflections on race, nations, people and place; made by migrants, refugees and locals for migrants, refugees and locals and edited into a 20 minute documentary that was presented in public Documentary Night two days later. More than 50 people watched 4 documentaries made by migrants and refugees. Protagonists and filmmakers were invited to introduce their work and a debate was hosted by La Bolina.

### Methodology:

We used participatory approaches and learning by doing. We used visual means to present ideas and debate around issues regarding the SDGs. Principles: empathy, solidarity and equality

### Link to SDG:

The generative quality of the interviews and the diversity of topics shown during the Documentary Night allowed us to see and reflect on the interrelated nature of the different SDG goals. Talking about poverty and migration, economic systems, livelihoods and climate change, cultural worldviews and oppression, inequality and colonialism. We discussed the importance of systemic approaches when aiming to address SDGs. We emphasised the necessary links between Fighting Inequalities, with the creation of sustainable livelihoods both around agriculture and sustainable consumption and production, that look at and addresses issues of gender inequality, migration and climate change at the same time.

### Key learning:

We covered a triple goal:

- Teaching skills on video recording, storytelling and interviewing.
- Generate dialogue and debate around issues like discrimination, racism, diversity, culture, gender and inequality.
- The film recorded and presented in “Documentary Night” created awareness around this issues with a wider public and presented the often silenced voices of migrants and refugees on these topics.

# 3 GOOD HEALTH AND WELL-BEING



**TARGET:**  
By 2030, reduce by one third premature mortality from non-communicable diseases through prevention and treatment and promote mental health and well-being

*“Refugee week was an enriching, educational and all-around experience, full of learning and shared moments. As one of the organisers and the coordinator of sports day, I was yet again reminded of the bonding power of physical games and sports activities. Particularly using the values of collaborative sports shared by Ernest, a young refugee and my co-facilitator.”*



Regina, 24, Italy/UK  
MA Intern with La Bolina during Refugee Week, soon to join our team full-time

# Sports day and weekly football matches

[Sports Day Video](#)



## Activity: Sports day

30 people from many countries joined sports day. We played fun physical games focusing on collaboration and mutual support rather than competition; such as the balloon game, three legged race, relays, banana game and musical chairs. In the afternoon we played a football match. During the breaks and lunch time we celebrated by sharing ecological healthy food.

**Aim:**  
Highlight the importance of healthy body and mind through using sports, fun and physical games along with eating ecological healthy food promoting physical and mental health and well-being.

**Methodology:**  
We used tacit knowledge and participatory and experiential practices as methods to bring people together to reflect on health and well-being. Sustainability, self care and care for others and the land.

**Link to SDG:**  
This activity speaks to the third goal of the SDGs. To ensure good practices and habits around self care and health. The diversity of the group and the methodologies used to facilitate the space created a practice of equality by embracing diversity and allowing multiple ways of learning to be present, acknowledge and celebrated.

**Key learning:**  
We covered a triple goal:

- Using sports in a collaborative manner is a wholesome way of living principles such as equality, participation, acceptance key to understand the nature of the global issues we confront as a species.
- An appreciate celebratory and experiential approach to awareness raising creates positive patterns within participants.
- Embodied and non verbal activities allow us easily to connect to the common grounds we share as humans.

# 16 PEACE, JUSTICE AND STRONG INSTITUTIONS



TARGET:  
Ensure  
responsive,  
inclusive,  
participatory and  
representative  
decision-making at  
all levels

*“When I went out after ColaborAction I felt that I’d removed the veil from my eyes, that I finally saw the nuances, behind the work that props up my day to day; and, every time I return to this decolonialised way of thinking, I try to continue lifting that veil and not immerse myself in the drowsiness of my comfort again. That’s why I was grateful that in Refugee Week I could see glimpses of conciliation, of initiatives that make you wake up; and open paths to gradually change our immediate environment, which is, in the end, the most immediate thing we have, and without which we do not start anything lasting.”*



Rocío - Spain Granada local  
Volunteers with No Name Kitchen (a collective who cook  
food across borders)

# Collabor-Action



## Activity: ColaborAction

### Aim:

To design and curate a multi-sector, interdisciplinary, creative and participatory space to address the field of livelihoods and migration.

18 people with different experiences and perspectives of the topic took part in the day. We invited refugees, migrants, businesses, social organizations, NGOs, politicians, the University, entrepreneurs, students and local people.

Using a series of participatory methodologies the group reflected on and mapped the current situation of migration in and access to jobs and livelihoods for migrants and refugees in Granada. We used the visual metaphor of a tree to show the challenges, good practices and shared knowledge. We used embodied practices to look at the system as it currently exists.

We clustered key topics and divided into four smaller groups according to interest to play with creative, quick, collective ideas and made actions plans to address them.

The topics were: **cultural and social integration, access to housing schemes, new sustainable enterprise and behavioural change in existing businesses.**

At lunchtime we ate ecological food grown and prepared by participants of La Bolina - naming this as an example of refugees and migrants gaining sustainable livelihoods.

In the afternoon we continued to refine our ideas moving from generation to next steps and actions. Towards the end of the day each action was presented and a map was made showing the linkages between each group. Then there was time for an Open Space where the participants cross-pollinated ideas and offered help and feedback to the other groups.

We closed the day with a final sharing circle where each participant shared one thing they had learnt and one action they were going to take.

**As a result of an idea designed during Colabor-Action a partnership between several organisations, La Bolina, Vamos Granada the regional government and Granada University has formed. This partnership is piloting a scheme for refugees and migrants on collective-entrepreneurship beginning with training in sustainable, social, solidarity local economy, followed by start up mentorship and ongoing sustainable business support.**

## Methodology:

We used the frames of Collective Impact, Art of Hosting, Action Research and principles of tacit knowledge as umbrellas for the event. We facilitated participatory and agile methodologies such as Design Charrette, elements of Open Space, embodied reflective practices inspired by Theory U and Social Presencing Theatre. Principles: equality, collaboration, empathy, co-creation, multi-perspectives, reflexivity, creativity and solidarity.

## Link to SDG:

Goal 16: creating spaces where we practice and learn collaborative and equitable ways of working together. Practicing reflective and critical thinking and acting. We debated around the issues of decent, sustainable work Goal 8, that contributes to the good of the whole. It is imperative that new enterprises support the reduction of climate change Goal 13 and its impacts and how to revert and regenerate land and ecosystems in the activities we do to promote livelihoods.

## Key learning:

We covered a triple goal:

- Interdisciplinary groups are key to unlock thinking 'out of the box' and bring a wider and systemic perspective on issues.
- Tacit knowledge, learning by doing leaves grounded experiences of the values and Goals of the SDGs.
- Critical debate is key to innovate solutions for achieving and advancing the SDGs.

# 17 PARTNERSHIPS FOR THE GOALS



**TARGET:**  
Encourage and promote effective public, public-private and civil society partnerships, building on the experience and resourcing strategies of partnerships

*“ColaborAction, the symposium and other participatory partnership days the La Boli-na team have coordinated between private, public and civil society organisations have brought the SDGs into centre stage while moving forward on how to best provide cross-sector support for migrants in the city. I will take this awareness of the SDGs into all decisions we make in the future.”*



Maria Mar Osuna Vagas  
Deputy at Vamos Granada - The Regional Government of Granada

# Symposium Migrant and Refugees Local Level Inclusion Policies



The organising team from the **Toulouse, Berlin, Poland and the host city of Granada.**

## Activity: Symposium Migrant and Refugee Local Level Inclusion Policies

### Aim:

A two day international symposium where political, NGO and civil society projects shared experiences, challenges and learnings about migration from a local perspective. Participants came from four cities Toulouse, Berlin, Poland and the host city of Granada. This was a two days symposium with diverse multisector speakers and audience.

**PANEL I: “Building Diverse and Equal Societies – Delivering Social Services that Support the Process”** with Mustapha Saif (Toulouse), Imke Siefer (Berlin), Manuela Plizga-Jonarska (Wrocław) and Patricia Bueso (Granada)

**PANEL II: Focus Granada – “Explorando el potencial de la sinergias entre lo publico y la ciudadanía”.** Held by La Bolina, Regeneration Project (Granada)

**PANEL III: “Local Changemakers- Civil Society Perspectives on Migrants and Refugees Issues”** with Dmytro Zozulia (Wrocław), Sarah Schlack (Berlin), Selma Polovina (Toulouse) and Jose Cobos Ruiz (Granada)

**Interactive Workshop provided by La Bolina, Regeneration Project (Granada):**  
“Mapeando el sistema de migración en 4D: Haciendo visible lo invisible”

By convening spaces for dialogue between these multisector actors we can start to understand more clearly, and from a wider perspective, the current reality of migration systems in each locality and to all four cities. Connections were made between activities happening within the same city, but coordinated by different institutions, and also gaps were identified where there was a lack of response. Fostering successful and long term partnership between multi-sector actors can be challenging due to the diverse approaches and perspectives held. Often cross-sector partnerships need time to build trust and a common language to in order to move forward and overcome conflicts. However once this is achieved policies and guidelines can be created that harness real needs and positively impact society at all levels - particularly those are not normally present in decision making. Participatory creative dynamics can be used to aid this process.

### Methodology:

Presentations, Panel discussion Q&A and debate. Forum, Theory U and Social Presencing Theatre. Participatory sharings. Small break out group decisions.

### Link to SDG:

Events like the symposium bring knowledge and opportunity for critical thinking and shared learning amongst cities that confront similar situations and amongst different actors - public private and civil society initiatives. Only by expanding our own perspective can we become more adapt at stepping into the shoes of others to understanding global situations from multiple angles. The 17 SDGs offered a framework and a platform for us to structure the intersecting challenges of migration and inspired a continued collaboration between people from many different types of institutions.

### Key learning:

Generating spaces to share knowledge is crucial for learning. Countries that had a history of receiving refugees and migrants had more interrelated multi-sector systems in place. Participants from Granada were able to learn about the benefits of having a consortium of multi-sector actors involved in decision making on housing, social and economic integration and awareness raising of migration with locals. We built connections between the four cities. The connection and knowledge generated strengthen our agency towards a better more connected Europe.

# 12 RESPONSIBLE CONSUMPTION AND PRODUCTION



## TARGET:

By 2030, halve per capita global food waste at the retail and consumer levels and reduce food losses along production and supply chains, including post-harvest losses

“I am so proud to look around this picnic and see people eating food that I have grown using ecological small scale farming methods. It’s motivating to explain to people that in the short time I’ve been a refugee in Granada, I’ve done something positive. Myself and other La Bolina participants are contributing to SDG 12 Sustainable consumption and production patterns, to regenerating the land and the health of locals and newcomers alike. It helps to combat the negative impressions that some people have of migrants”



Ernest Gibba, 27, The Gambia, member of La Bolina, food grower, footballer and claiming asylum in Granada

# Come & Jam



Celebrating Diversity Video

**Activity:** Whilst designing each of the activities we sought to ensure that if we had to use materials we would consume local, ethical and ecological. As a growing project we decided to focus on food.

Eating delicious ecological food grown by La Bolina participants was included in as many events as possible as a living example of sustainable at the heart of our ethos. Most of the food had been grown on the La Bolina land by the refugees and migrants participating in the project.

“I am proud to look around this picnic and see people eating food that I have grown using ecological small scale farming methods. It’s motivating to explain to people that in the short time I’ve been a refugee in Granada, I’ve done something positive. Myself and other La Bolina participants are contributing to SDG 12 Sustainable consumption and production patterns, to regenerating the land and the health of locals and newcomers alike. It helps to combat the negative impressions that some people have of migrants” Ernest Gibba

**Methodology:**  
During all food sharing and eating time growers spoke about the positive impacts of small scale farming, permaculture and agroecology methods and why buying locally increases the health of people and the planet. The chefs talked about responsible consumption and the origins of the food and how it had been prepared.

**Link to SDG:**  
Without understanding where our food comes from and its production process how can we make decisions about our wellbeing and the wellbeing of the earth?

**Key learning:**  
Closing the gap between producer and consumer is empowerment for all. We found sharing food to be one of the best ways to talk about consumption and production as it is something that every person on the planet can relate to. We all make choices about what food we eat. Behavioural change in this regard is a key leverage point to make a difference to sustainable consumption. Many participants felt that due to their low financial means they were not able to consume responsibly, as local and ecological food is more expensive than industrial food. After hearing the talk by refugees and migrants growing food to sell and for self-consumption participants started to reflect on the many benefits of closing the gap between production and consumption. More people are now interested in taking part in La Bolina’s next Cultivando Futuros

# 11 SUSTAINABLE CITIES AND COMMUNITIES



TARGET:  
Support positive economic, social and environmental links between urban, per-urban and rural areas by strengthening national and regional development planning

*“La Bolina is attracting people to move to the rural areas by showing that living sustainably from the land is not only possible but also great fun.”*



Romo - Founder of EcoSuper one of the ecological shops in Granada where La Bolina sell their produce and where Sam asylum seeker and member of La Bolina is currently doing his internship. This photo was taken on Sam's first day in the shop.

# 5 GENDER EQUALITY



**TARGET:**  
Ensure women's full and effective participation and equal opportunities for leadership at all levels of decision-making in political, economic and public life

*"I found today challenging and deeply inspiring. Not only was I listened to when I talked in front of the whole group, but I was involved in thinking about how to solve real life problems alongside people who have the power to make a difference. Being in a room with lots of women leaders opened my eyes to what I might be capable of."*



Reem, 20, Syria, claiming asylum in Granada with her young family.

# Women taking a lead



Taking the lead for change is about “**convening conversations that would not happen otherwise**”. Patricia Shaw.

Women took a lead in the development of many of the activities and bringing a gender perspective to conversations around SDG and gender, migration and equality. Particularly CollaborAcción generated a space to share challenges, perceptions and visions around gender participation in the co-creation of sustainable livelihoods for migrants and refugees in Granada.

*“We know from science that nothing in the universe exists as an isolated or independent entity” Margaret J. Wheatley.*

La Bolina believe that genuine collaborative spaces create empowerment and ownership and enable proposals solutions that listen and account for the diversity of voices that we all are. Collaboration and participation are key elements in the work of development, social and humanitarian it include the array of perspectives, cultures, visions and potential solutions. To address challenges at a global level, at a species level this collaboration is key and an inclusive equitable understanding of others is necessary.

La Bolina collaborated with several institutions, organizations, groups and individuals to create Refugee Week: ASAD, Dar Al Anwar, CICODE, La Barraca, Balate, Universidad de Arquitectura, Entresur, Province Council Grupo Diputación Granada, Vamos Granada, La Recicreativa, a diverse landscape of actors from the private, public, third sector and civil society groups coming together with one goal.







# SUSTAINABLE DEVELOPMENT GOALS



Estas actividades han sido producidas con el apoyo financiero de la Unión Europea, a través del proyecto Make Europe Sustainable for All. El contenido de estos eventos es responsabilidad exclusiva de La Bolina y bajo ninguna circunstancia debe considerarse que refleja la posición de la Unión Europea.



[www.labolina.org](http://www.labolina.org)  
 +34660455079  
[info@labolina.org](mailto:info@labolina.org)  
[www.facebook.com/proyectoreregeneracionlabolina/](https://www.facebook.com/proyectoreregeneracionlabolina/)

# REDUCING INEQUALITIES TOGETHER

