













Permaculture - a practical introduction



Earth care • People Care • Fair shares

Twelve principles of permaculture

-  Observe and interact
-  Catch and store energy
-  Obtain a yield
-  Apply self-regulation and accept feedback
-  Use and value renewable resources and services
-  Produce no waste
-  Design from patterns to details
-  Integrate rather than segregate
-  Use small and slow solutions
-  Use and value diversity
-  Use edges and value the marginal
-  Creatively use and respond to change

Switch to a bicycle

Bicycles are the most energy efficient way to travel. A cycle lane or path is less intensive to create, and can carry five times as many people as a road twice as wide. If enough people switch from polluting transport modes to a bicycle (a zero emission form when in use), there is potential for reduced carbon emissions and improved air quality in our towns and cities. The bicycle is also of huge importance in reducing noise pollution and increasing our health.



Photo © Organiclea

SOME EXAMPLES OF HOW PERMACULTURE CAN HELP YOU AROUND THE HOME AND GARDEN

Harvest rainwater

A permaculture design can help us harvest and use rainwater in the garden and the home. Rainwater is commonly harvested by collecting from the roof guttering into barrels or tanks. There is no need to use mains water for car washing or garden plants, in addition to it being free, rainwater is chemical free which is better for plant health and soil conditions. Use to irrigate your vegetable beds, forest garden or container garden.



Retrofit your house for efficiency

We can make better use of the facilities we've already got, adapting to be more efficient with our resources. A well insulated home reduces energy consumption and cuts down on carbon emissions linked to global climate change. Do what you can where you are, learn new skills, and implement the ideas you have.



"Permaculture is a design system for human habitats which work with nature rather than against it. It is modelled on natural living systems, and makes use of both traditional skills and modern science. It focuses on solutions rather than problems, and shows how we can take charge of our lives to build a better future."

Patrick Whitefield,
Permaculture In a Nutshell.

Permaculture events

Paramaethu Cymru Gathering

Organiser: Paramaethu Cymru
 Dates: 24-26 June 2016
 Venue: Lammas ecovillage, near Crymch, Pembrokeshire, Wales SA34 0YD
<http://wales.permaculture.org.uk>

Permaculture Cam p

Organiser: High Heathercombe
 Dates: 24-26 June 2016
 Venue: Heathercombe Brake, Manaton, Newton Abbot, Devon, TQ13 9XE
www.highheathercombcentre.org.uk

Agroforestry Tour

Organiser: Trees for Health
 Date: 18 July 2016
 Venue: Discover Forest Foods, Beeson, South Devon
www.treesforhealth.org

Eastern Gathering

Organiser: The Inkpot
 Dates: 22-24 July 2016
 Venue: The Inkpot, nr Sleaford, Lincolnshire
www.the-inkpot.com

North East Permaculture Convergence

Organiser: Northeast permaculture
 Date: 30 July 2016
 Venue: Scotswood Natural Community Garden

London Permaculture Festival

Organiser: London Permaculture Network
 Date: 31 July 2016
 Venue: Cecil Sharp House, Camden, London NW1 7AY
www.londonpermaculturefestival.com

Green Gathering

Dates: 4-7 August 2016
 Venue: Piercefield Park, Chepstow
www.greengathering.org.uk

Off Grid Festival

Dates: 11-14 August 2016
 Venue: Biophilia Project, Exeter
<http://offgrid-festival.co.uk>

Permaculture Festival

Organiser: Earth Ways
 Dates: 19-21 August 2016
 Venue: Newbold House, Forres, Scotland
www.permaculturefestival.org

British Convergence

Organiser: Permaculture Association
 Dates: 2-4 September 2016
 Venue: Nell Bank Centre, Ilkley, West Yorkshire
www.permaculture.org.uk/convergence-2016

European Permaculture Convergence

Organiser: Permaculture Italian Academy
 Dates: 7-11 September 2016
 Venue: Bolsena, Italy
www.eupc.it

Camley Street Harvest Festival

Organiser: Alara Wholefoods and The Urban Orchard Project
 Date: 16 September 2016
 Venue: Alara, Camden, London

Permaculture Courses

Introductions to permaculture

Permaculture in 3 days, Karuna, Shropshire

8-10 July 2016
 Contact: 01694 751374
www.karuna.org.uk

Earth Connections, Isle of Eigg

25-28 June 2016
 Contact: 01687 482495
www.earthconnections.co.uk

Dial House, Essex

2-3 July 2016
 Contact: Graham Burnett 01702 303259
www.spiralseed.co.uk

Family Introduction, The Inkpot, Scredington, Lincolnshire

8-10 July 2016
 Contact: Viv events@the-inkpot.com

Landmatters, Devon

16 July 2016
 Contact: 07766 022988
landmatterscourses@yahoo.co.uk
www.landmatters.org.uk

Applewood Permaculture Centre, North Herefordshire

30-31 July 2016
 Contact: Chris Evans 07939 864732
www.designedvisions.co.uk

The Parsonage, Didsbury, Manchester

3-4 September 2016
 Contact: 07790 386869
<http://northernschool.info/didsbury>

Braziers Park, Oxfordshire

17-18 September 2016
 Contact: 07974 916954
www.braziers.org.uk

Wild Harvest school of self-reliance, York

15 October 2016
 Contact: Di Hammill 0756112831
www.wildharvest.org

Full permaculture design courses

George's Woodland, Ystradgynlais, Powys, South Wales

2 July 2016-16 July 2016
 Teachers: Aranya and Tony Martin
 Contact: Tony Martin 01639 845144 or 0750 095 6022
www.designedvisions.com

Keveral Farm, Cornwall

15-31 July 2016
 Teachers: Bryn Thomas and Klaudia van Gool
 Contact: Oak Johnson 01503 250936
www.keveral.org

Findhorn Ecovillage, Moray, Scotland

16-29 July 2016
 Teachers: Gabrielle Buist and Craig Gibsone
 Contact: Mari Hollander or Melissa Godbeer 01309 609806
www.findhorncollege.org/programmes/permaculturedesigncourse.php

Gazegill Organic Farm, Rimington, Lancashire

25-30 July 2016
 Teachers: Victoria Woods and guests
 Contact: Victoria Woods 01282 690016

Park House, Norfolk

30 July 2016-13 August 2016
 Teachers: Aranya + 2 guests: Paul Jackson, Deepak Rughani
 Contact: Deepak Rughani 07931636337
 Middle Wood Centre, North Lancashire
 11-21 August 2016
 Teachers: Rod Everett and Alan Charlton
 Contact: Kate Wilding, Anthony Bilton 01524 222445

Permaculture and Communities in Transition

20 August-4 September 2016
 Teachers: Aranya
 Contact: Randy 07968 743242
 Caroline 07766 022988
www.landmatters.org.uk

Hoody Marvellous, Clitheroe, Lancashire

21 August 2016-18 June 2017 One Sunday per month
 Teachers: Angus Soutar
 Contact: Angus Soutar 07973 856528
<http://northernschool.info/clitheroe>

Patrick Whitefield Associates Residential PDC

27 August-10 September 2016
 Teachers: Caroline Aitken, Matt Dunwell, Sarah Pugh
 Contact: Caroline Aitken 07938 213664
www.patrickwhitefield.co.uk

The Parsonage, Didsbury, Cheshire

3 September 2016-2 July 2017
 Teachers: Angus Soutar and Teresa Pereira
 Contact: 07790 386869
<http://northernschool.info/didsbury>

Stanford Hall, Leicestershire

16-30 September 2016
 Teachers: Joe Atkinson and Caspar Brown
 Contact: www.joeatkinsonpermaculture.com

Hoathly Hill Community, East Grinstead, West Sussex

24 September 2016-25 June 2017. 12 weekend days
 Teachers: Chloe Anthony
 Contact: Chloe Anthony 07960 921487
www.sunrisepermaculture.org.uk

Stanmer Park, Brighton

8 October-11 December 2016
 Teachers: Include Bryn Thomas, Chloe Anthony, Stephan Gehrels & Tracy Hind
 Contact: 07746 185927
<http://brightonpermaculture.org.uk>

Specialist courses

Scything day course

Karuna, Church Stretton, Shropshire
 3 July 2016
 01694 751374
www.karuna.org.uk

Willow for garden and veg plot

The Sustainability Centre, East Meon, Hampshire
 23 July 2016
www.sustainability-centre.org/courses

Empowering women with permaculture

Applewood, North Herefordshire
 4-7 August 2016
www.designedvisions.co.uk

The Cob experience and taster of eco-build methods

Lammas Ecovillage, Pembrokeshire
 8-16 August 2016
 07786 067297
www.plas-helyg.co.uk

Wild Food Weekend with Jesper Launder

Laya Point Permaculture, Ulpha, Cumbria
 27-28 August 2016
 01229 716154
www.layapoint.com

Fungimentalism - mushroom cultivation

Red Pig Farm, Carmarthenshire, Wales
 9-11 September 2016
 07808 168562
www.agroecology.co.uk

Design your permaculture livelihood

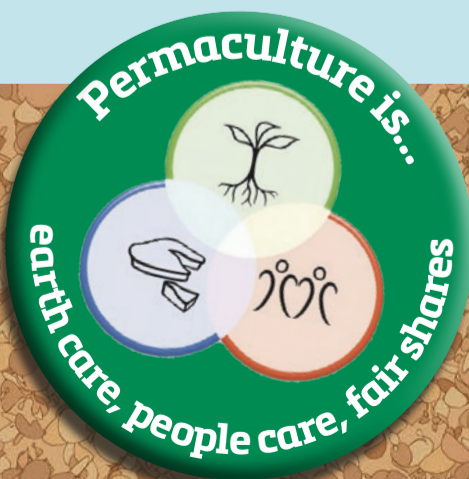
Ourganics Evolving Systems, Dorchester, Dorset
 24-25 September 2016
 01297 20908

Growing nut crops

Agroforestry Research Trust, Dartington, Devon
 15-16 October 2016
 01803 840776
www.agroforestry.co.uk

Forest Gardening weekend

Garden Cottage, Coldstream
 29-30 October 2016
 07885 905090
www.grahambell.org



If booking on a course or event please mention you saw it listed on this Permaculture Association poster.